

Idaho

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with the Myotonic Dystrophy Foundation. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

Caregivers

Caregiver and Respite Support: Respite provides caregivers with a break when caring for someone with significant physical, intellectual, cognitive, emotional, mental and/or medical needs. <https://aging.idaho.gov/stay-healthy/life-span-respite/>

Idaho Family Caregiver Support Program: <https://aging.idaho.gov/stay-at-home/nationalfamily-caregiver-support-program/>

Employment

Able to Work Program: Connects people with disabilities to employment opportunities. <https://www.labor.idaho.gov/dnn/Job-Seekers/Able-To-Work>

Idaho Employment and Training Program (E&T): connects Idahoans with the resources they need to get a meaningful job to support themselves and their families. Recipients of SNAP benefits (Food Stamps) or cash assistance (TAFI) have access to the E&T program. <https://healthandwelfare.idaho.gov/services-programs/financial-assistance/employment-training>

Senior Community Service Employment Program (SCSEP): Enhancing employability for those needing to re-enter the workforce. <https://aging.idaho.gov/stay-at-home/seniorcommunity-service-employment-program/>

Vocational Rehabilitation (VR): is a state-federal program whose goal is to assist people with disabilities prepare for, secure, retain, or regain employment. <https://vr.idaho.gov/>

Financial Resources

Aid for Aged, Blind, and Disabled (AABD) Program: provides cash assistance for individuals who are 65 or older, blind, or disabled. Eligible individuals receive a certain amount of cash each month to help pay for everyday living expenses. The amount an individual receives is based on their unique circumstances such as, living arrangements, income, and resources.

<https://healthandwelfare.idaho.gov/FoodCashAssistance/CashAssistance/AgedBlindandDisabled/tabid/171/Default.aspx>

Idaho Child Care Program (ICCP): provides cash to parents or caretakers to pay for a part of their child care. ICCP is available for eligible parents who work, attend school, or participate in approved activities to help ensure children receive safe, quality care.

<https://healthandwelfare.idaho.gov/services-programs/children-families/idaho-child-care-program>

Idaho Home Choice Money Follows the Person Demonstration Grant: will help people transition from an institution (skilled nursing facility, intermediate care facilities or institutions for mental diseases) to community living in an apartment, private home or community setting such as a certified family home.

<https://healthandwelfare.idaho.gov/Medical/Medicaid/IdahoHomeChoice/tabid/1621/Default.aspx>

Idaho Telephone Service Assistance Program (ITSAP): helps eligible low-income families pay for basic telephone service installation costs or monthly costs for basic residential phone service. <https://www.livebetteridaho.org/save-money-on-phone-bill>

Temporary Assistance to Families in Idaho Program (TAFI): provides temporary cash assistance and work preparation services for families with kids. This program provides cash benefits for eligible low-income families and households to help pay for food, clothing, shelter, and other essentials. For more information visit, <https://healthandwelfare.idaho.gov/FoodCashAssistance/CashAssistance/CashAssistanceforFamilies/tabid/172/Default.aspx>

Food and Nutrition

Commodity Supplemental Food Program (CSFP): Reducing food insecurity through monthly food boxes. <https://aging.idaho.gov/stay-at-home/commodity-supplementalfood-program/>

Emergency Food Assistance Program (TEFAP): provides food baskets to eligible households. <https://www.capai.org/tefap>

Home Delivered Meals: Bringing nutrition and interaction to homebound seniors. <https://aging.idaho.gov/stay-at-home/home-delivered-meals/>

Supplemental Nutrition Assistance Program (SNAP): helps low-income families buy the food they need in order to stay healthy. An eligible family receives an Electronic Benefits Transfer (EBT) card, which is used like any other debit card at the grocery store. The card uses money from a SNAP account set up for the eligible family to pay for food items. <https://healthandwelfare.idaho.gov/FoodCashAssistance/FoodStamps/tabid/90/Default.aspx>

Women, Infants, & Children (WIC): is a federally funded nutrition program for women, infants, and children. It helps families by providing eWIC cards to buy healthy supplemental foods from local grocery stores. It provides nutrition education, helps with finding healthcare and other community services, and provides breastfeeding information and support. <https://healthandwelfare.idaho.gov/FoodCashAssistance/WIC/AboutWIC/tabid/3340/Default.aspx>

Housing

Centers for Independent Living in Idaho: <https://silc.idaho.gov/idaho-centers-forindependent-living/>

Low-Income Home Energy Assistance Program (LIHEAP): helps eligible low-income families pay a portion of the costs for heating their homes in Idaho's winter months. Energy conservation education is also available.

<https://www.livebetteridaho.org/savemoney-on-your-heating-bill>

Weatherization Assistance Program (WAP): helps eligible low-income families conserve energy, save money, and improve living conditions by repairing or replacing heat sources (heaters, furnaces, etc.), installing insulation, weather stripping, and caulking around windows and doors. <https://www.livebetteridaho.org/idaho-weatherization-assistanceprogram>

Living with Disabilities and/or Elderly

Disability Determination Services (DDS): performs the medical adjudication for the Social Security Administration (SSA), of Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) disability claims for the citizens of the State of Idaho. <https://www.labor.idaho.gov/dnn/Disability-Determination>

Home Maintenance & Repair Assistance: Offers maintenance and repair assistance to those who are elderly. <https://aging.idaho.gov/stay-at-home/chore/>

Homemaker program: Area Agency on Aging staff can offer services for the elderly including, housekeeping, meal planning and preparation, essential shopping and errands, banking and bill paying, medical management, etc. <https://aging.idaho.gov/stay-at-home/homemaker/>

Long-Term Care Provider Information:

<https://healthandwelfare.idaho.gov/Medical/Medicaid/LongTermCare/Providers/tabid/3928/Default.aspx>

Medicaid School-Based Services: School-based services are health-related and rehabilitative services provided to children with disabilities who receives services under the Individuals with Disabilities Education Act (IDEA). These services are provided by school districts, and charter schools and are considered medically necessary for children to participate in their educational program.

<https://healthandwelfare.idaho.gov/Medical/Medicaid/SchoolBasedServices/tabid/1587/Default.aspx>

Medicaid Waiver Application for Adult Developmental Disabilities:

<https://healthandwelfare.idaho.gov/Portals/0/Medical/DD%20Waiver.PDF>

Medicaid Waiver Application for Aged Individuals and Individuals with Disabilities:

<https://healthandwelfare.idaho.gov/Portals/0/Medical/MedicaidCHIP/AandDWaiver.pdf>

Medical and Health-related

Advanced Payment of Premium Tax Credit (APTC): is the early issuance of a tax credit intended to assist individuals in paying for a health insurance plan purchased through the health insurance exchange.

<https://healthandwelfare.idaho.gov/FoodCashAssistance/HealthCoverageAssistance/APTC/tabid/2881/Default.aspx>

Behavioral Care Units (BCUs): are nursing facilities with a Medicaid approved status that provide to care to individuals with high needs behaviors. For a list of BCUs in Idaho, visit

<https://healthandwelfare.idaho.gov/Medical/Medicaid/MedicaidNursingFacilityInformation/BehavioralCareUnit/tabid/4570/Default.aspx>

Children's Health Insurance Plan (CHIP): is a low-cost health coverage program for children under age 19 whose family income is too high to qualify for Medicaid.

<https://healthandwelfare.idaho.gov/Medical/Medicaid/IdahoHealthPlanforChildren/tabid/219/Default.aspx>

Dual Eligible Participants for Medicare and Medicaid:

<https://healthandwelfare.idaho.gov/Medical/Medicaid/DualEligibleParticipants/tabid/2538/Default.aspx>

Early Periodic Screening, Diagnostic, and Treatment (EPSDT): allows children under 21 to receive medically necessary services that exceed the limits of the Idaho Medicaid plan.

<https://healthandwelfare.idaho.gov/Medical/Medicaid/EPSDT/tabid/3361/Default.aspx>

Healthy Connections: The healthy Connections Primary Care Program is team-based health care led by you and your primary care physical to address all your health care needs and improve the quality of your health care.

<https://healthandwelfare.idaho.gov/Medical/Medicaid/HealthyConnections/tabid/216/Default.aspx>

Idaho Medicaid Plus (IMPlus): is a plan for dual eligible beneficiaries that coordinates most of their Medicaid benefits through a health plan.

<https://healthandwelfare.idaho.gov/Portals/0/Medical/MedicaidCHIP/MMCP/IdahoMedicaidPlusFAQ.pdf>, for an IMPlus application, visit

<https://healthandwelfare.idaho.gov/Portals/0/Medical/MedicaidCHIP/IBHPWaiver.pdf>

Idaho Medicaid Program: Medicaid has different programs available that provide health coverage for: children under age 19, parents or other related adults with children under age 19, pregnant women, women diagnosed with breast or cervical cancer or pre-cancer, people aged 65 or older, or people who are blind or disabled (using Social Security criteria). <https://healthandwelfare.idaho.gov/Medical/Medicaid/tabid/123/Default.aspx>

Medicaid Dental Waiver Application:

<https://healthandwelfare.idaho.gov/Portals/0/Medical/MedicaidCHIP/Dental1915bWaiver.PDF>

Medicaid Waiver Application for the Idaho Behavioral Health Plan (IBHP):

<https://healthandwelfare.idaho.gov/Portals/0/Medical/MedicaidCHIP/IBHPWaiver.pdf>

Medicaid for Workers with Disabilities (MWD): This program offers health insurance for people who work and who have a disability. For more information, visit

<https://healthandwelfare.idaho.gov/Medical/Medicaid/MedicaidforWorkerswithDisabilities/tabid/1917/Default.aspx>.

Medicare Improvements for Patients and Providers Act (MIPPA): helps individuals with navigating the Medicare system. <https://aging.idaho.gov/stay-at-home/medicareimprovements-for-patients-and-providers/>

Medicare Medicaid Coordinated Plan (MMCP): MMCP is a voluntary program that integrates both Medicare and Medicaid coverage into a single plan, at no cost to the participant. For more information, visit

<https://healthandwelfare.idaho.gov/Medical/Medicaid/DualEligibleParticipants/MMCP/tabid/4656/Default.aspx>

Nursing Facilities: A Long Term Care/Skilled Nursing Facility's design and function is to meet the health needs of two or more elderly or disabled individuals, at a minimum, require inpatient care and services, for twenty-four or more consecutive hours.

<https://healthandwelfare.idaho.gov/Medical/LicensingCertification/FacilityStandards/NursingFacilities/tabid/281/Default.aspx>

Nursing Facility Rates:

<https://healthandwelfare.idaho.gov/Medical/Medicaid/MedicaidNursingFacilityInformation/SpecialRates/tabid/4571/Default.aspx>

Nursing Home Cost Assistance: If you or your spouse are entering a nursing home, you may qualify for Medicaid benefits, including paying a portion of your nursing home costs. For more information, visit

<https://healthandwelfare.idaho.gov/FoodCashAssistance/NursingHomeCostAssistance/tabid/440/Default.aspx>

Personal Assistance Oversight Committee (PAOC): The purpose of the PAOC is to plan, monitor, and recommend changes to the Medicaid waiver and personal assistance programs.

<https://healthandwelfare.idaho.gov/Medical/Medicaid/MedicalCareAdvisoryCommittee/PersonalAssistanceOversightCommittee/tabid/1354/Default.aspx>

Preadmission Screening and Resident Review (PASRR) for Nursing Facilities: is federally mandated for all individuals, regardless of payment source, admitting to a Medicaid nursing facility. The PASRR screens for serious mental illness and intellectual/developmental disability or a related condition.

<https://healthandwelfare.idaho.gov/Medical/Medicaid/MedicaidNursingFacilityInformation/Pre-admissionScreeningandResidentReview/tabid/4572/Default.aspx>

Preventive Health Assistance (PHA) Program: provides two additional benefits for Medicaid participants, the Weight Management Benefit and the Children's Wellness Benefit.

<https://healthandwelfare.idaho.gov/Medical/Medicaid/PreventiveHealthAssistance/tabid/221/Default.aspx>

Additional Resources

Muscular Dystrophy Association (MDA) Idaho Clinics:

<https://www.mda.org/care/carecenter-list?province=ID>